**Liste løb:**

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| --- | --- | --- |
|  | **2015:** |  |
| 1 | Copenhagen marathon 24/5-2015 3:55:53 |  |
| 2 | Værtens mindste broløb 12/9- 2015, 3:52:00 |  |
| 3 | Berlin marathon 27/9-2015 3:38:17 |  |
| 4 | Storebælt marathon 14/6- 2015 3:44:25  |  |
| 5 | Fredskov 19/12-2015 3:48:41 |  |
|  | **2016:**  |  |
| 6 | Gåsetårn marathon 14/2-2016 3:46:14 |  |
| 7 | CPH marathon 22/5-2016 4:02:03 |  |
| 8 | Storebælt naturmarathon 12/6-2016 3:48:44 |  |
| 9 | Fredskov marathon 17/12-2016 3: 31:27 |  |
|  | **2017:** |  |
| 10 | Telenor Copenhagen marathon 21/5-2017 3:27:00 |  |
| 11 | Værtens mindste broløb 2/9-2017 3:42:48 |  |
| 12 | Gåsetårn marathon5/11-2017 3:35:02 |  |
| 13 | Midtimarathon 20/6-2017 3:45:00 |  |
| 14 | Trivsel 24/7-27/8-2017 5:31:52 |  |
| 15 | Sædder marathon 19/2-2017 3:32:06 |  |
| 16 | Næver run 7/10-2017 3:30:51 |  |
| 17 | Streetcommander 22/7-2017 3:37:09 |  |
| 18 | Humør marathon 30/4-2017 3:31:09 |  |
| 19 | Fredskov 18/3-2017 3:24:13 |  |
| 20 | Fredskov happy basic 16/12-2017 3:30:27 |  |
| 21 | Succes marathon 15/1-2017 3:36:58 |  |
|  | **2018:** | **Ultra løb** |
| 22 | Cph marathon 13/5-2018 3:26:57 | NCU 2018 5:51.15 |
| 23 | Skovmarathon 2018 3:23:40 |  |
| 24 | Brøderup marathon 29/12-2018 3: 26:50 |  |
| 25 | Storebælt marathon 3/6-2018 3: 32:21 |  |
|  | **2019:** |  |
| 26 | Brøderup marathon 20/1-2019 3:25:56 | NCU 2019 7:51:36 |
| 27 | Succes marathon 28/2-2019 3:45:24 |  |
| 28 | Løve halvmarathon,marathon d. April 2019 3:35:48 |  |
| 29 | Vedel marathon 11/5-2019 3: 44:51 |  |
| 30 | Copenhagen marathon 19/5-2019 3:26:20 |  |
| 31 | Benløse marathon 25/5-2019 3:39:14 |  |
| 32 | Happy Marathon 8/6-2019 3:39:56 |  |
| 33 | Maj Mølle marathon 16/6-2019 3:39:16 |  |
| 34 | Kvickrun 22/6-2019 3:56:19 |  |
| 35 | Fredskov happy Basic 29/6-2019 3:43:21 |  |
| 36 | Fredskov happy basic 3/7-2019 3: 44:50 |  |
| 37 | Fredskov Happy basic 5/7-2019 3:50:51 |  |
| 38 | Skinner marathon D. 14/7-19 3:46:49 |  |
| 39 | Happy Marathon 20/7-2019 3:42:58 |  |
| 40 | Skinner marathon D.27/7-19 3:33:32 |  |
| 41 | Skinner marathon D.3/8-19 3:38:49 |  |
| 42 | Skinner marathon D.10/8-2019 3: 32:38 |  |
| 43 | Happy marathon 15/8-2019 3:31:58  |  |
| 44 | Happy marathon 22/8-2019 3:37:48  |  |
| 45 | Succes marathon 28/8-2019 3:36:35 |  |
| 46 | Kvickrun 7/9-2019 3:47:28 |  |
| 47 | Fredskov happy basic 12/9-2019 3:43:39 |  |
| 48 | Happy marathon 19/9-2019 3:43:13 |  |
| 49 | Fredskov happy basic 26/9-2019 3: 31:58 |  |
| 50 | Succes marathon 3/10-2019 3:35:02 |  |
| 51 | Succes marathon 5/10-2019 3:32:16 |  |
| 52 | Trivsel 24-7 marathon 19/10-2019 3:44:46 |  |
| 53 | Happy marathon 26/10-19 3:33:29 |  |
| 54 | Brøderup marathon 3/11-2019 3:36:07 |  |
| 55 | Fredskov happy basic 14/11-2019 3: 44:56 |  |
| 56 | Happy marathon 29/11-2019 3:31:44 |  |
| 57 | Happy Marathon 26/10-2019 3:33:29 |  |
| 58 | Happy marathon 26/10-2019 4:15:32 |  |
| 59 | Grønbroløbet 7/12-2019 3:50:44 |  |
| 60 | Fredskov run and fun 21/12-2019 3:40:03 |  |
| 61 | Slagelse marathon 27/12-2019 3:53:55 |  |
|  | **2020:** |  |
| 62 | Skinner marathon D.9/8-20 3:39:09 |  |
| 63 | Fredskov run and fun 12/9-2020 3:43:16  |  |
| 64 | Fredskov run and fun 24/10-2020 3:47:06 |  |
| 65 | Fredskov run and fun 19/12-2020 3:43:16 |  |
| 66 | Run4700happiness 31/12-2020 3:46:35 |  |
|  | **2021:**  |  |
| 67 | Fredskov rund and fun 12/6-21 3:32:38  |  |
| 68 | Skinner marathon D. 3/7-21 3: 34:55 |  |
| 69 | Skinner marathonD.24/7-21 3:25:13 |  |
| 70 | Skinner marathon D.8(8-21 3:31:36 |  |
|  | **2022:** |  |
| 71 | Copenhagen marathon 15/5-2022 3:15.01  |  |
| 72 | Aneste Fredskov nr 1000 6/6-2022 3:30:21 |  |
| 73 | Grønbroløb marathon 11/6-2022 3:29:46 |  |
| 74 | Skinner marathon 2/7-22 3:32:05 |  |
| 75 | Skinner marathon 9/7-22 3:28:20 |  |
| 76 | Skinner marathon d.23/7-2022 3:40:16 |  |
| 77 | Skinner marathon d.6/8-2022 3:40:00 |  |
| 78 | Gangergaardens marathon d.3/9-2022 3:37:48 |  |
| 79 | Grønbroløbet marathon d.10/9-22 3:41:12 |  |
| 80 | Trivsel 24/7 marathon d.17/9-22 3:46:01 |  |
| 81 | Succes marathon d. 01/10-22 3:42:27 |  |
| 82 | Succes marathon D.20/10-22 3:40:54 |  |
| 83 | Succes marathon D.5/11-22 3:39;11 |  |
| 84 | Succes Marathon d.25/11-22 3:46;21 |  |
| 85 | Grønbroløbet d.3/12-22 3:39:21 |  |
| 86 | Succes marathon d.16/12-22 3:45:46 |  |
| 87 | Run4700 happiness D. 22/12-22 3:50:36 |  |
| 88 | Run4700happiness D.31/12-22 3:40:27 |  |
|  | **2023:** |  |
| 89 | Succes marathon d.15/1-23 3:38:05 | 24timervedhavet 2023 5:59:22 |
| 90 | Success marathon 22/1-23 3:34:24 |  |
| 91 | Succes marathon d.11/2-23 3:56:52 |  |
| 92 | Mad og motion Stillinge marathon d.5/3-23 3:52:36 |  |
| 93 | Succes marathon d.10/3-23 3:59:14 |  |
| 94 | Succes marathon d.18/3-23 3:46:29 |  |
| 95 | Succes marathon d.19/3-23 3:48:34 |  |
| 96 | Succes marathon d.26/3-23 3:34:57 |  |
| 97 | Papegøjeløbet d.1/4-23 3:50:37  |  |
| 98 | Sørby Marathon d.2/4-23 3:51:40 |  |
| 99 | Tosseløb d. 4/4-23 3:37:50 |  |
| 100 | Succes Marathon d.15/4-23 3:40:02 |  |
| 101 | Grønbroløbet d.22/4-23 3:32:08 |  |
| 102 | Succes marathon d.30/4-23 3:33:30 |  |
| 103 | Succes marathon d.5/5-23 3:33:18 |  |
| 104 | Succes marathon d.7/5-23 3:29:08 |  |
| 105 | Copenhagen marathon d.14/5-23 3:09:48 |  |
| 106 | Karise Marathon d. 20/5-23 3:33:45 |  |
| 107 | Trivsel24/7 marathon d.17/6-23 3:42:41 |  |
| 108 | Sørby marathon on tour d.18/5-23 3:37:10 |  |
| 109 | Surprise løb trivsel24/7 KS d.24/6-23 3:34:44 |  |
| 110 | Humør marathon d.28/6-23 3:45:10 |  |
| 111 | Skinnermarathon d.1/7-23 3:42:30 |  |
| 112 | LNBK marathon d.8/7-23 3:36:54 |  |
| 113 | Tosseløb d.11/7-23 3: 36:52 |  |
| 114 | Skinnermarathon d.29/7-23 3:38:01 |  |
| 115 | Karise marathon d.30/7-23 3:35:37 |  |
| 116 | Sørby Marathon d.3/8-23 3:49:58 |  |
| 117 | Succes marathon d.11/8-23 3:33:56 |  |
| 118 | Succes marathon 18/8-23 3:53:20 |  |
| 119 | Tosseløb on tour d.19/8-23 |  |
|  |  | Ringkøbingfjordrundt 26/8-23 9:04:58 |
| 120 | Succes marathon d.2/9-23 3:34:00 |  |
| 121 | Grønbroløb d.9/9-23 3:53:23 |  |
| 122 | Humør marathon d.17.09.23 3:32:36 |  |
| 123 | Førslevmotion marathon d.24.09.23 3:46:00 |  |
|  |  | Ultra Mirage 52km d.30.09.2023 5:47:02 Tunesien |
| 124 | Succes Marathon d.8/10-23 3:42:48 |  |
| 125 | Karise marathon d.14/10-23 3: 59:05 |  |
| 126 | Succes marathon d.22/10-23 4:01:33 |  |
| 127 | Succes marathon d.28/10-23 3:32:12 |  |
| 128 | Tosseløb d.3/11-23 3:44:45 |  |
| 129 | Succes marathon d.12/11-23 3:35:48 |  |
| 130 | Midt i marathon d.18/11-23 3:52:01 |  |
| 131 | Karise marathon d.25/11-23 3:42:49 |  |
| 132 | Grønbro marathon d.2/12-23 3:57:15 |  |
| 133 | Juleløb ulstruphallerne d.16/12-23 3:57:05 |  |
| 134 | Trivsel24/7 D.23/12-23 3:36:41 |  |
| 135 | RUN4700HAPPINESS D.30/12-23 3:42:57 |  |
| 136 | Slagelse marathon ontour d.31/12-23 3:46:01 |  |
|  | **2024** |  |
| 137 | run4700happiness d.6/1-24 4:18:15 |  |
| 138 | Ska al cannonball d.13/1-24 3:35:15 |  |
| 139 | Sørbymarathon d.20/1-24 3:36:40 |  |
| 140 | Succes marathon d.26/1-24 3:43:28 |  |
| 141  | Sørbymarathon d.3/2-24 3:30:31 |  |
| 142 | Run4700happiness d.4/2-24 3:44: 50 |  |
| 143 | SK-AL cannonball d.11/2-24 3:59:54 |  |
| 144 | Papegøjeløbet d. 24/2-24 3:39:01 |  |
| 144 | Run4700happiness d.29/2-24 3:53:29 |  |
| 145 | Run4700happiness d.14/3-24 3:49:37 |  |
| 146 | Karisemarathon d.28/3-24 3:32:59 |  |
| 147 | Slagelsemarathonontour d.1/4-24 3:40:32 |  |
| 148 | Run4700happiness d.4/4-24 3:59:42 |  |
|  |  | Viborg 100km ultra d.13/4-24 8:19:18 |
| 149 | Ska al cannon ball d.20/4-24 3:31:59 |  |
| 150 | Run4700happiness d.25/4-24 3:42:38 |  |
| 151 | Run4700happiness d.16/5-24 3:52:12 |  |
| 152 | Succes marathon d.18/5-24 3:43:35 |  |
| 153 | Run4700happiness d.6/6-24 3:49:43 |  |
| 154 | Run4700happiess d.13/6-24 3:50:30 |  |
| 155 |  |  |
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